

# MID-STATES 14 & UNDER ALL-STAR CHAMPIONSHIPS

Sponsored by  speedo

IU Natatorium - Indianapolis

January 7 - 8, 2012

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN12000
- LOCATION:** IU Natatorium, 901 W. New York Street, Indianapolis, IN 46202
- FACILITY:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Competition Pool: Two eight-lane 25 yard pools with a depth ranging from 9' - 10', Kiefer-McNeil non-turbulent lane markers with custom designed starting blocks and Daktronics electronic timing equipment and scoreboard.
- Continuous eight-lane warm-up course available in the North pool. Meet competition will be held in the South pool (diving well end).
- PARKING:** Parking available in attached garage. Prices are determined and retained by the IUPUI Parking Services. Host is unable to negotiate pricing, nor does host receive any revenue from parking fees.
- RULES:** Current USA Swimming rules will govern. Swimmers must be ages 14 & Under and registered with USA Swimming in Lake Erie/Ohio, Kentucky, Michigan, or Indiana to be accepted into this meet. Each team has its own selection process (see below for more information). Age as of 01/07/12 shall determine the swimmer's age for the entire meet.
- USA Swimming Rules 202.3.2- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. Meet management and/or the meet referee reserve the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.101.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- EVENT LIMIT:** A swimmer may compete in a maximum of six individual events and two relays for the meet.
- MEET FORMAT:** All events are timed finals and will be seeded from the slowest to fastest. There are 2 heats of each event with the exception of relays (1 heat) and the 1650 (1 heat). All events will be swum in the south pool (diving-well end) except for the 1650 which will be swum in two pools by gender.

## **INDIVIDUAL EVENTS**

Each team will be entitled to enter four (4) swimmers in each individual event.

*Exception:* 11-12 & 13-14 1650 is limited to 2 swimmers per team.

## **RELAYS**

Each team will be entitled to enter 2 relays per relay event.

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**SCORING:** Individual Events: 20—17—16—15—14—13—12—11—9—7—6—5—4—3—2  
Relay Events: 40—34—32—30—28—26

**AWARDS:** No individual awards will be given. Team scores will be kept, and a traveling plaque, updated annually, will be awarded to the winning team. There will also be a unique team award presented to the team displaying outstanding spirit throughout the competition.

**ENTRY & DEADLINE:** Each team has its own unique team application, swimmer entry fees, and entry deadlines. Therefore, clubs and individual swimmers need to check with their team contact (information listed below) regarding the application process, fees, and deadlines that are applicable to their team.

Team entries are due **via email** to the Mid-States entry chair by **Sunday, January 1, 2012**. **HY-TEK OR TEAM UNIFY ENTRY FILE IS REQUIRED ALONG WITH A PDF OF THE TEAM ENTRY REPORT.** After all teams are entered in the meet, Team Entry Chairs will receive an e-mail copy of the team's entry for final approval prior to arriving at the meet.

**LSC CONTACTS:**

Team Indiana	<a href="http://www.inswimming.org">www.inswimming.org</a>	<a href="mailto:inteammanager@yahoo.com">inteammanager@yahoo.com</a>
Team Kentucky	<a href="http://www.kylsc.org">www.kylsc.org</a>	<a href="mailto:kentuckyswimming@windstream.net">kentuckyswimming@windstream.net</a>
		<a href="mailto:albierofamily@juno.com">albierofamily@juno.com</a>
Team Lake Erie/Ohio	<a href="http://www.lakeerieswimming.com">www.lakeerieswimming.com</a>	<a href="mailto:Sarah@b3aquatics.com">Sarah@b3aquatics.com</a>
	<a href="http://www.swimohio.com">www.swimohio.com</a>	<a href="mailto:swimdavidc@woh.rr.com">swimdavidc@woh.rr.com</a>
Team Michigan	<a href="http://www.uss-michigan.com">www.uss-michigan.com</a>	<a href="mailto:coachdtr1@gmail.com">coachdtr1@gmail.com</a>

**TEAM ENTRY FEE:** Each team should submit \$2,200 to cover the meet's operating expenses (facility rental, etc), entry fees, and the event social.  
Team entry fee checks, payable to Indiana Swimming, should be sent by **January 1, 2012**, to: **Indiana Swimming / 201 S. Capitol Ave, Suite 410 / Indianapolis IN 46225**

**SEATING:** The seating rotates each year:

- SouthWest Bleachers – IN
- NorthWest Bleachers – MI
- SouthEast Bleachers – KY
- NorthEast Bleachers – OH/LE

**MEET JURY:** Each team will appoint one athlete and one adult to a meet jury which will have jurisdiction over technical protests, registration, or eligibility challenges.


**SCRATCHES:  
/CHANGES** Scratches, last minute swimmer changes (NOT time changes), and relay cards are due  
**SAT: 10:45 am at the Technical meeting**  
**SUN: 8:00 at the Head Table**

The meet will not be re-seeded; scratched swimmers may be replaced with swimmers already entered in the meet. If scratched swimmers are not replaced, affected lanes will be empty.

**OFFICIALS/TIMERS:** Indiana Swimming will have the primary responsibility for scheduling officials for the meet. Officials from all competing LSCs are welcome and encouraged to volunteer!  
**We also welcome timers! If you are interested in being a timer, please email [arlenemcd@aol.com](mailto:arlenemcd@aol.com) regarding your availability (date & time).**

**SPECTATOR FEE:** Admission for spectator seating will be \$5.00 each day (children 8&U free). For spectator convenience, two-day passes will be sold on Saturday for \$10. Seating areas on both sides of the Natatorium will be open for the convenience of spectators.  
IN & MI swimmers and fans will be on the WEST side  
KY & OH/LE swimmers and fans will be on the EAST side

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**DECK ACCESS:** ONLY swimmers, team coaches, credentialed managers and chaperones, credentialed volunteers, and working officials will be allowed on deck. This is a USA Swimming liability issue; no parents will be allowed on deck. Club coaches who are not part of the LSC team staff will not be allowed on deck.

**HEAT SHEETS:** \$5.00 (it will include Saturday and Sunday seeded events prior to scratches or changes).

**FINAL RESULTS:** Results will be posted on the Indiana Swimming website <http://www.inswimming.org>

**MEET DIRECTOR:** For any further information or assistance, please contact:

**Arlene McDonald**      [arlenemcd@aol.com](mailto:arlenemcd@aol.com)      317.442.2166

**E-MAIL TEAM  
ENTRIES TO:**

**Steve Carr**      [indyentries@comcast.net](mailto:indyentries@comcast.net)      317.250.0437

***DEADLINE Sunday, January 1, 2012. Report from entry chair back to teams shall be sent no later than Monday prior to meet. Changes can be made by teams via email or phone with the Entry Chair for seeded heat sheets up until Thursday noon prior to meet.***

***PLEASE EMAIL a PDF team entry report as well for accuracy or questions with file.***

**TEAM PICTURES:** Price is \$15.00/team picture (8 x 10) and payable at the meet to the photographer, Visual Sports Network. Preferred method is that teams supply mailing labels (to be mailed within a month of the event) and one team check for entire order. Late/additional orders can be taken on site.

**MEET EVALUATION  
MEETING:**

Sunday, January 8 – 7:00 AM in the Hospitality Room at the Natatorium

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**ORDER OF EVENTS**

**SATURDAY**

Warm-Ups: 10:00 – 11:45 am  
 Opening Ceremony: 12:00 pm  
 Meet Start: 12:15 pm

**SUNDAY**

11 & O Warm-Ups: 7:30-8:45 am  
 10 & U Warm-Ups: 9:00-10:00 am\*  
 \*North Pool reserved for 10 & U Only  
 Meet Start: 9:00 am

GIRLS	EVENT	BOYS
1	13-14 200 IM	2
3	11-12 200 IM	4
5	10 & U 200 IM	6
7	13-14 100 Free	8
9	11-12 100 Free	10
11	10 & U 100 Free	12
13	13-14 200 Back	14
15	11-12 50 Back	16
17	10 & U 50 Back	18
19	13-14 200 Breast	20
21	11-12 100 Breast	22
23	10 & U 100 Breast	24
25	13-14 100 Fly	26
27	11-12 50 Fly	28
29	10 & U 50 Fly	30
<b>10 MINUTE BREAK</b>		
31	13-14 400 Medley Relay	32
33	11-12 200 Medley Relay	34
35	10 & U 200 Medley Relay	36
**37	13-14 1650 Free	**38
**39	11-12 1650 Free	**40
<i>**Only allowed 2 swimmers per team (1 girls heat; 1 boy heats per age group); swum in two pools (girls &amp; boys).</i>		

GIRLS	EVENT	BOYS
41	13-14 400 IM	42
43	13-14 200 Free	44
45	11-12 200 Free	46
47	10 & U 200 Free	48
49	13-14 100 Breast	50
51	11-12 50 Breast	52
53	10 & U 50 Breast	54
55	13-14 200 Fly	56
57	11-12 100 Fly	58
59	10 & U 100 Fly	60
61	13-14 50 Free	62
63	11-12 50 Free	64
65	10 & U 50 Free	66
67	13-14 100 Back	68
69	11-12 100 Back	70
71	10 & U 100 Back	72
73	13-14 500 Free	74
75	11-12 500 Free	76
77	10 & U 200 Free Relay	78
79	11-12 200 Free Relay	80
81	13-14 400 Free Relay	82

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## SCHEDULE OF ACTIVITIES

### Saturday, January 7, 2012

8:15 am Spectator Seating Area Opens

8:15 – 10:00 **Teams Check-In**  
EAST CONCOURSE (parking garage side)– KY & OH/LE  
WEST CONCOURSE (Side opposite parking garage) – IN & MI  
Teams will not be allowed on deck until 20 minutes prior to picture times below. Credentials are required at all times for deck entry.

**ALL TEAM PICTURES** - 8x10 - \$15.00 – payable to Visual Sports Network; envelope completed or label submitted as pictures are mailed by the end of January to those who order.

9:05 am Indiana 9:35 am Kentucky  
9:20 am Ohio/Lake Erie 9:50 am Michigan

10:00-11:45 General Warm-up  
**NORTH POOL** (scoreboard end) **SOUTH POOL** (diving well end)  
Ohio/LE **LANES 1-4** Kentucky **LANES 1-4**  
Michigan **LANES 5-8** Indiana **LANES 5-8**

10:45 Technical Meeting for coaches—Hospitality Room  
11:00 Officials Briefing – West Control Room  
11:30 Timers Meetings—Deck area near West Control Room (anyone welcome)  
11:45 Clear Competition Pool  
12:00 pm Opening Ceremonies  
(*details/protocol will be discussed at Technical meeting*)

12:15 Meet Starts

7:30 - 9:00 p.m. Event Social at NCAA Hall of Champions  
– Games, Drinks, Snacks

**SOCIAL RULES:** Swimmers are not permitted to leave designated area during the social. 10 & U swimmers MUST be accompanied by a parent or adult chaperone. Siblings may attend ONLY if escorted by a parent. Parents must pick up child promptly at 9:00 pm. If parents do not attend social, a parent/coach/chaperone must pick up each child promptly at 9:00 pm. Failure to comply could result in swimmer being scratched from Sunday's events. No outside food or beverages will be permitted into the NCAA Hall of Champions. There is to be no alcohol on the premises.

### Sunday, January 8, 2012

7:00 am Meet Evaluation Meeting – Hospitality Room at Nat  
(**All Team Managers bring suggestions, changes**)

7:30 Spectator Seating Area Opens

7:30-8:45 Pool open for warm-up for 11 & Overs  
**NORTH POOL** (scoreboard end) **SOUTH POOL** (diving well end)  
Ohio/LE **LANES 1-4** Kentucky **LANES 1-4**  
Michigan **LANES 5-8** Indiana **LANES 5-8**

8:00 Officials Meeting--West Control Room  
8:15 Timers Meeting – Deck area near West Control Room  
8:45 Clear Competition Pool  
9:00 Meet Starts  
9:00 10 & Under Warm-ups – NORTH POOL  
**LANES 1-2** Ohio/LE **LANES 3-4** Kentucky  
**LANES 5-6** Indiana **Lanes 7-8** Michigan

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# **HOTEL RESERVATION INFORMATION**

Room blocks at special event rates have been reserved at these Marriott properties in Downtown Indianapolis:

- Courtyard at the Capitol – \$99.00 + tax & parking
- Courtyard Downtown Indianapolis – \$99.00 + tax & parking
- Fairfield Inn & Suites – \$89.00 + tax & parking
- JW Marriott Indianapolis – \$109.00 + tax & parking
- Residence Inn on the Canal – \$109.00 + tax & parking
- SpringHill Suites Indianapolis Downtown – \$119.00 + tax & parking

All six properties are located less than one mile from the IU Natatorium. The Courtyard Downtown, Fairfield Inn & Suites, JW Marriott, and SpringHill Suites are just across the street from the NCAA Hall of Champions, the location of the Saturday evening social.

To obtain these special event rates, guests must use the Indiana Swimming online reservation system which can be accessed by clicking on the MidStates logo at [www.AllGreatRacers.com](http://www.AllGreatRacers.com)

Please contact Arlene McDonald (317-442-2166) at [arlenemcd@aol.com](mailto:arlenemcd@aol.com) with any hotel questions.

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**COACHES & MANAGERS INFORMATION**

**PLEASE COMPLETE THE INFORMATION REQUESTED FOR EACH TEAM COACH/MANAGER. ALSO, PLEASE DESIGNATE AT LEAST THREE PEOPLE BELOW AS CHAPERONES FOR THE SOCIAL & RETURN WITH ENTRY. THANK YOU!**

**ENTRY CHAIR:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_

**CELL PHONE #:** \_\_\_\_\_

**MANAGER** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**HEAD COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**COACH** \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

E-MAIL \_\_\_\_\_

**SOCIAL CHAPERONES:** Please identify at least three chaperones from the list above:

(1) \_\_\_\_\_

Additional: \_\_\_\_\_

(2) \_\_\_\_\_

Additional: \_\_\_\_\_

(3) \_\_\_\_\_

Additional: \_\_\_\_\_

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**APPLICATION TO OFFICIATE**

*Applicant must be a member of USA Swimming and an LSC certified official.*

Name: \_\_\_\_\_ LSC: \_\_\_\_\_  
Address: \_\_\_\_\_ Home phone: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Current LSC Certification: \_\_\_\_\_ No. of Years: \_\_\_\_\_  
Current National Certification and Expiration: \_\_\_\_\_  
Current National Championship Certification and Expiration: \_\_\_\_\_

*ALL APPLICANTS MUST ATTEND MANDATORY OFFICIALS' BRIEFINGS BEFORE EACH SESSION OF THE MEET THEY WORK.  
BRIEFINGS BEGIN 1 HOUR BEFORE EACH SESSION.*

I will serve at both sessions: Yes\_\_\_\_ No\_\_\_\_

I can't serve all sessions. My choices for individual sessions are checked below:

Saturday \_\_\_\_\_

Sunday \_\_\_\_\_

Please circle your assignment request: Deck Referee, Admin. Referee, Starter, Chief Judge.

Assigned positions deadline is December 12, 2011. Applications for non-specific deck positions will be accepted any time. All officials are encouraged to volunteer.

**Mail, Fax, or Email to:**

**Mid-States Officials Chair**

Dick Duncan  
235 Poplar Grove Drive  
Avon, IN 46123  
Email: [dickd46@aol.com](mailto:dickd46@aol.com)  
Fax & Phone: (317) 745-6817

\_\_\_\_\_ An email confirmation is desired.