

MID-STATES QUADRANGULAR CHAMPIONSHIPS

Sponsored by 

IU Natatorium - Indianapolis

January 10-11, 2009

SCHEDULE OF ACTIVITIES

Saturday, January 10, 2009

8:15 am Spectator Seating Area Opens

8:15 – 10:00

Teams Check-In

EAST CONCOURSE – IN & KY WEST CONCOURSE – OH/LE & IL
Teams will not be allowed on deck until 20 minutes prior to picture times below. Credentials are required at all times for deck entry.

ALL TEAM PICTURES - 8x10 - \$12 – payable to Visual Sports Network;
envelope completed or label submitted as pictures are mailed by the end of January to those who order.

9:05 am	Indiana	9:35 am	Ohio/Lake Erie
9:20 am	Illinois	9:50 am	Kentucky

10:00-11:45

General Warm-up

NORTH POOL (scoreboard end)

Indiana
Lake Erie/Ohio

LANES 1-4
LANES 5-8

SOUTH POOL (diving well end)

Kentucky
Illinois

10:45

Technical Meeting for coaches—Hospitality Room

11:00

Officials Briefing – West Control Room

11:30

Timers Meetings—Deck area near West Control Room (anyone welcome)

11:45

Clear Competition Pool

12:00 pm

Opening Ceremonies (*details/protocol will be discussed at Technical meeting*)

12:15

Meet Starts

7:30 - 9:00 p.m.

Social/Dance with DJ

Adam's Mark Hotel Indianapolis - Airport

Lite Concessions will be available

DANCE RULES Swimmers are not permitted to leave ballroom area during dance. 10 & U swimmers MUST be accompanied by a parent or adult chaperone. Siblings may attend ONLY if escorted by a parent. Parents must pick up child promptly at 9:00 pm. If parents do not attend dance, a parent/coach/chaperone must pick up each child promptly at 9:00 pm. Failure to comply could result in swimmer being scratched from Sunday's events. Parents staying in ballroom for the dance are asked to not consume alcohol during this event.

Sunday, January 11, 2009

7:00 am

Meet Evaluation Meeting (**All Team Managers bring suggestions, changes**)

7:30

Spectator Seating Area Opens

7:30-8:45

Pool open for warm-up for 11 & Overs

NORTH POOL (scoreboard end)

Kentucky
Illinois

LANES 1-4
LANES 5-8

SOUTH POOL (diving well end)

Indiana
Lake Erie/Ohio

8:00

Officials Meeting--West Control Room

8:15

Timers Meeting – Deck area near West Control Room

8:45

Clear Competition Pool

9:00

Meet Starts

9:00

10 & Under Warm-ups – NORTH POOL

LANES 1-2 Indiana
LANES 5-6 Illinois

LANES 3-4 Kentucky
LANES 7-8 Lake Erie/Ohio